

CASCADE DISTRICT NEWSLETTER

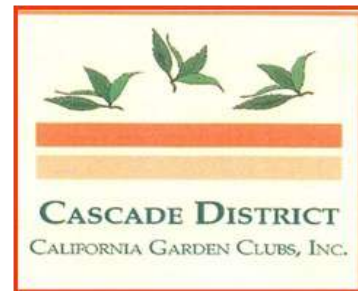
Cascade District Director, Judy Paul

jduke.paul@gmail.com

530-200-5013

Cascade District is a member of California Garden Clubs, Inc., Pacific Region Garden Clubs, Inc., and National Garden Clubs, Inc.

August, 2025



Blue Star Memorial dedicated at VA Outpatient Clinic

On July 30, 2025, our Cascade District Blue Star Memorial was dedicated at the VA Outpatient Clinic, 3455 Knighton Rd. in Redding. There were a few little “bumps” along the way, but it is done, and it looks fantastic!

The Red Bluff Honor Guard presented the colors, led the Pledge of Allegiance, and played taps at the finish. Tina Eisenbeisz, SLGP, did the invocation. Aaron Wolff, Site Manager, and David Stockwell, Director, Northern CA Veteran’s Affairs, accepted the marker. ACappella Soundwave, a Redding musical group, sang the National Anthem, as well as a patriotic medley.

Judy Paul shared a brief history of the Blue Star Memorial project. Maria Krenek, CGCI Blue Star Co-chair, drove over from Eureka to join us in our ceremony. She shared inspiring words from Adele Kelly, CGCI President, and Robin Pokorski, PRGC Blue Star Chair (and GCGI busy gal) along with her own very best wishes. Debbie Bazan and Diana Gifford Tuggle from RWGC placed the fresh flower wreath which was made by Judy Paul. Thank you to Bonnie Adema, Pat Branum, and Cheryle Yednak for assisting in the planning and making sure the ceremony was perfect. We had a good turnout for this patriotic honoring and remembrance. Please take a minute and stop and see our Cascade District marker there at the VA when you can.



From top left: Red Bluff Honor Guard, Blue Star Memorial Marker, Maria Krenek at podium with Aaron Wolff & Judy Paul. Bottom left: Debbie Bazan and Diana Gifford- Tuggle place the tribute of flowers.

25 Top Things to Grow Your Club

1. Have fun!
2. Have food!
3. Dynamic speakers/varied topics
4. Have no drama
5. Efficient meetings-follow parliamentary procedures
6. Diversity of activities and projects
7. Create a community
8. Keep it simple
9. Create a welcoming atmosphere, have “greeters” & “buddies”
10. Follow-up with visitors, guests, new members
11. Outreach – to everyone, everywhere
12. Sponsor an NGC school
13. Keep a finger on the pulse of the members
14. Active social media content
15. Commit to a membership drive-everyone is on the Membership Committee
16. Invite key people to a meeting
17. Wear name badges at every meeting/event
18. “Table” at a community event
19. Mentor, mentor, mentor
20. Brand your club – logo, catchy phrase
21. Public events
22. Introduce guests
23. Have business cards - at the ready (add a label to the CGCI Bookmarks, easy)
24. Invite people you don't know
25. Make sure others are having FUN!!

These tips are from Robin Pokorski, member of Southern California Garden Club, and all around busy gal with CGCI, PRGC, and NGC. Her roles and experience are numerous, always done with efficiency, joy, and FUN!! We will discuss this more at our District Board meeting, September 18th.

Cascade District Fall Meeting

The Fall District meeting is scheduled for Thursday, October 23. It will be hosted by Anderson Valley Garden Club. Meeting will be at the Anderson City Hall, 1887 Howard Street in Anderson. Sherri Scott, of Harvest & Habitat Nursery in Chico, will speak about "Edibles in your landscape." She will have plants for sale also. RBGC will do the flag pledge, RWGC the inspiration.

Please remember to bring: **Your club's silent auction basket (value of \$50)**

A copy of 2025-2026 yearbook for other clubs

Your oral 3 minute club update, goals for year, etc. (plus written copy too)

Also, please encourage your club members, and certainly your officers, to join us at these meetings!

NGC Flower Show School

Red Bluff Garden Club be hosting FSS IV September 24-26 In Red Bluff. This is the final course for FSS! We would love to invite you to take either the Horticulture day, Wednesday, (container grown plants like philodendrons and others from Araceae family, plus collections and displays), or the Design day, Thursday (abstract and multi-rhythm designs). Cost for the one day learning opportunity is \$90. Location for the FSS is the First United Methodist Church in Red Bluff.

Please contact Dottie Renstrom at tdrenstrom@yahoo.com for further information.

New 2025-2027 President's Project

Adele Kelly, the new CGCI President for 2025-27, has chosen her project for her term. The Abraxas High School Garden in San Diego, is expanding its garden program for at-risk high school students and transitional special needs students, to include an orchard with 20 fruit and shade trees, pathways, and a greenhouse with funds raised from this project.

More information will be shared at our meetings. It would be wonderful to consider how your club, and our district, might contribute to this President's Project.

Red Bluff's 2025 Luncheon

October 11, is the date for this fall event this year. Kate Gleim, AIFD, House Of Design, will be the featured keynote speaker. "Floral Fusion" is the theme, and Kate will incorporate creative floral design, repurposed finds, wild guests, & garden inspiration for this spectacular presentation!

A pasta buffet & dessert will be offered at the large conference room at Rolling Hills Casino in Corning. There will be our Silent Auction, Vendors, Garden Hat Contest, Centerpiece drawings, and door prizes. All of this FUN, FOOD, & FRIENDS will be available to you for \$45.

Contact Judy Paul, 530-200-5013, call or text, or jduke.paul@gmail.com for tickets. Cash or checks only please. Last day to purchase tickets will be October 3.



Mark your calendar...

Our first Cascade District Board meeting will be Thursday, September 18, 12-2pm, at the Anderson Library Community Meeting Room. The new Cascade District yearbooks will be ready for you. I will be attending the CGCI Fall Board Meeting at Harris Ranch September 8-10, so may have new information to share. I do have some ideas and goals for this new year and will be seeking your input. As District Director, I want to continue to use these board meetings as a “working together” meeting with open sharing, questions, and helping each other for what is working for you, like we did last year. Please come with a goal for this year, ideas to share, or concerns we can problem solve. If we work together, we will all be more successful in our garden club objectives!



Membership Mondays now available on NGC Video Café

Last year, this director participated in the Membership Mondays via Zoom. There were very helpful ideas for increasing membership in your clubs. I have shared some of these with you at our meetings. The Top 25... on page 2, is from one of the meetings.

If you go to the NGC website, www.gardenclub.org, click on Members Section. From the drop down menu, select Video Café, then Membership Monday. They are about an hour, so grab some coffee, maybe a treat, and check one out!

And finally...just a few gardening tips or ideas to share...

Roses are one of my gardening joys, but they are not always very happy with our HOT summer days! Here are a few tips I got from a Santa Clarita Valley Rose Society handout. Their climate is not just like ours, so I am modifying them a bit for us.

In August and September, you can encourage some lush fall blooms by lightly pruning your rose bushes, by about 1/3 of their height, and thin out twiggy growth. Dead-heading them as necessary, remembering to always cut back to a five leaf stem. Keep them well watered, hosing off the foliage to keep them clean and healthy. Pick up all trimmings to keep the rose garden clean and healthy.

Feed some organics like fish emulsion, blood meal, chicken manure, cottonseed meal, or kelp to your roses. They will reward you with some lovely October roses if you start these suggestions by Labor Day.

